



Mountains to Sound Greenway Trust

Next Generation Stewards

Sit Spot: Focus on the Wind

Animals and plants need air to survive. When the air is dirty with things like car exhaust or smoke or other pollutants, it can damage the tissues inside our lungs and inside other organisms' lungs. As ecosystem stewards, it's our job to make sure the air is clean! With this activity, get to know the wind patterns from your **sit spot**. Watch the full video: [Next Generation Stewards: Focus on the Wind](#).

Materials:

- Piece of paper or a sit spot journal and something to write/draw with

For this sit spot, pay attention to the **wind**:

- 1) See the [Sit Spot: Focus on the Sun](#) activity to set up your sit spot.
- 2) Consider these questions to help you pay attention to the wind:
 - What direction is it coming from? Does it always come from the same direction? Or does it depend on the time of day?
 - What is different about the wind before or after a storm?
- 3) Think about the winds way high up in the sky. Lay down and watch the clouds.
 - Are they moving? Which way are they going?
 - Do you notice any shapes in them?
 - Do their shapes change?
- 4) Write your observations in your sit spot journal. Try to use the directions you used in the first sit spot ("Focus on the Sun") to describe the direction of the wind. Include:
 - A title on the top of your paper. For example, "Wind Observations."
 - The date and the time.
 - A description of the weather.

See an example on the next page.





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WIND | 13 May 2020, 2:30 PM
Partly cloudy, breezy,
T-shirt temperature

A good sit spot journal always notes date, time, and weather

Small puffy clouds were moving fast to the left (East?) in front of long skinny clouds.

This one kind of looks like Australia!

The puffy ones were dark like rain clouds.

There was a little breeze that kept ruffling my paper, coming from in front of me - south? - the whole time I drew.

I think the puffy clouds were lower than the wispy straight ones because the puffy ones were in front, like they were closer to me